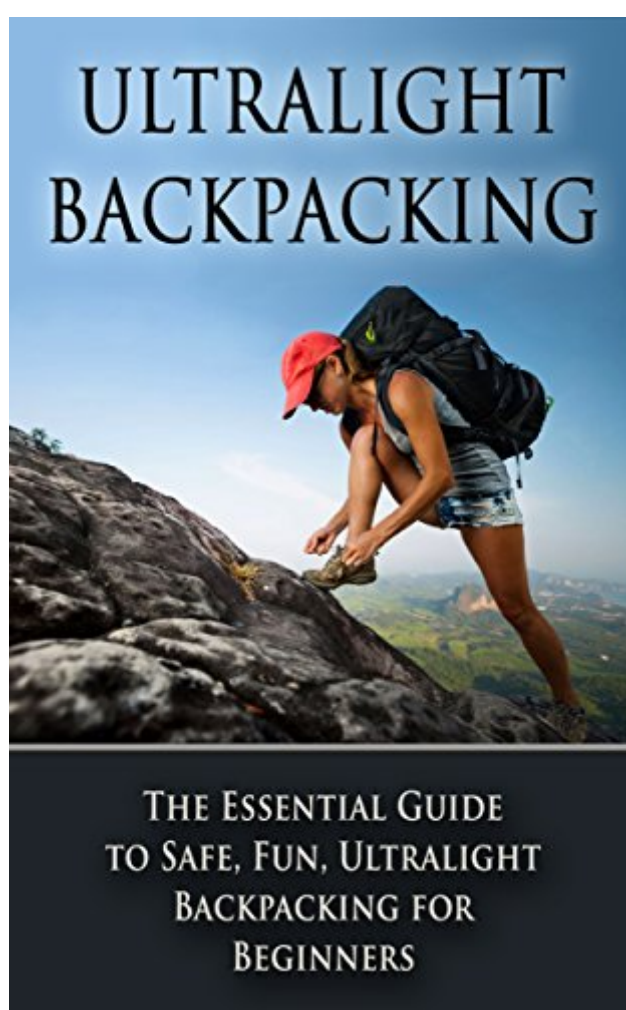


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Ultralight Backpacking: The Essential Guide To Safe And Fun, Ultralight Backpacking For Beginners (Backpacking, Ultralight Backpacking, Hiking, Ultralight Tips)



Synopsis

Enjoy a Fun, Safe Adventure with Ultralight Backpacking!
The Challenge: You enjoy hiking but want to take it to the next level. How do you methodically go about lightening the load? How do you stay safe while backpacking with minimal supplies? What are the best practices in ultralight backpacking?
The Solution: In this book, you will learn the essence of ultralight backpacking, how to assemble your ultralight backpack, how to set up a camp and how to keep safe with ultralight camping tips and strategies. Backpacking becomes more fun once you learn how to be practical and resourceful. Get started on ultralight backpacking and experience true freedom now!
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Here's what others have been saying!
I'm a huge outdoor fan and I often go backpacking. For years I used my old equipment which was very heavy. This book contains wonderful tips and strategies on backpacking ultralight. It was a great guide totally because it has all the information we can get for beginners or even expert in backpacking.- Martin Richter
I'm preparing for a through-hike on the AT and I finally decided I wanted to go ultralight. Having never gone totally ultralight before, I did some research and came across this amazing guide. It's been the most helpful thing I've read so far... and now I have a solid plan for what I should pack and not pack (plus what gear I need).- Ralph Steadman

Book Information

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Customer Reviews

Outdoor lovers need to be very organized, planned and specific with the wright they carry in their Backpack. Lower weights can give higher mobility but it should not come at the cost of missing out the critical items for survival. This book is a beginner's guide to ultra backpacking. The way author introduces Big three is interesting and very helpful. Ten essential system provides an overall summary of the requirements for back packing and staying safe outdoors. There is a dedicated chapter to camp setting also which has valuable tips on finding camp site, setting up kitchen and toilet systems. Very useful for the ones who are looking to start their outdoor adventure!

This Ultralight Guide is, like the title asserts, very light and I can confirm that. Everything is explained without any wasted word and just from the beginning you can feel some very positive energy by the author. The backpack is your closest companion, says Benjamin Tideas and I love the way in which presents this concept. This minimalist approach is refreshing in a society where it's better to own more than less. But what if the same concept could be inverted to expose a simple way of life? In this ebook you are guided in planning very wisely all the weight and things you can carry on for long distances, without suffering in vain (survival tips included). Also, you are not left alone in searching for the best way to sleep and eat well on wild roads. Then, 10 essential advices for the best chance of survival are shown with all the necessary items to take with you (and to not forget...). Towards the end, the author shows you how to set up your first ultralight backpack camp in the most simple way through precise steps that everyone can follows successfully. Lastly, just after I finished reading this guide I was able to see a very complete system to live a brand-new lifestyle that could be a life saver in some tough moments, but also an alternative way to live an adventure life. Good job!

Full of grammatical errors and mediocre advice. Many points are asserted without backing them up with anecdotal, personal or other evidence. There are a number of much better UL books out there, go read one of those.

If it wasn't part of Kindle Unlimited, I would be very upset. I certainly hope that the author didn't spend much time on this. If you aren't a Kindle Unlimited member, I would put the money towards a

different book.

I backpacked a lot back in the day and I was wondering what this book can offer to me. I wasn't disappointed - it contained much common sense and reality-based advice on how to pack to travel ultralight. For example it gave some weight standards, listed essential items without which you shouldn't leave, how to choose the best backpack. Other information was for example how to set up camp, how to use emergency signals etc. All in all, it was in par with my experience and provided much info. Recommended.

This book has little to add to ultralight backpacking not available on the internet. Six more words required to post.

Not really a book! More a pamphlet. Not much information. It makes me want to write a real book on the subject.

Very helpful for novice who wants to backpack ultralight.

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